

# Ashburn Core Pilates

**Location:** Ashburn Core Pilates, located at 44025 Pipeline Plaza, Suite 115, Ashburn, VA 20147

**Position:** Pilates instructor, part-time; current open shifts include weekends and evenings

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## About Us

Ashburn Core Pilates is a woman-owned, instructor owned, boutique Pilates studio located in the heart of Ashburn, VA. We are a small team who create a warm and welcoming atmosphere for our clients. We focus on precision, attention to detail, keeping clients safe, and providing a fun, feel-good workout that leaves our clients feeling strong and happy. Our studio is a body-safe studio that welcomes clients of all ages, sizes, and abilities.

Our class size is limited to 5 clients. The studio is equipped with Balanced Body equipment, including studio reformers, Exo chairs, mats and props, in addition to a studio reformer/tower combo located in our private studio room.

## Job Description/Requirements

- Provide an excellent Pilates class experience, incorporating flow, precise cues, and adherence to proper safety guidelines
- Be able to create a warm and welcoming environment for clients; and provide modifications if needed
- Maintain an upbeat and positive demeanor; be approachable, enthusiastic and knowledgeable
- Foster a warm and welcoming environment, and build relationships with clientele
- Work as a team with fellow instructors and staff
- Be available to assist with subbing needs, as schedule allows
- Attend quarterly in-person team meeting
- Uphold studio policies and procedures, and approach all situations with respect and empathy
- Shift needs include: weekends/evenings; 2-3 classes, with private session(s) as needed
- We require: a comprehensive, nationally recognized Pilates certification; a desire to help grow our studio community; a willingness to work with your studio team; and a drive to continue learning and growing in your position as a Pilates instructor.
- 1-2 years teaching experience preferred, but not required

## Compensation

- \$40+ per class, commensurate with experience (W-2 employee position)
- Annual stipend for continued education
- Complimentary class membership
- Discount on our retail products
- Positive and caring work environment with compassionate coworkers

Please email Danielle at [danielle@ashburncorepilates.com](mailto:danielle@ashburncorepilates.com) if interested in applying